

# Community HU Chant



Mondays beginning January 24th

6:30 to 7:15 p.m.

Crazy Wisdom Bookstore and Tea Room  
114 S. Main Street, Ann Arbor

All faiths (and agnostics!) are welcome to join this weekly, free gathering to sing one of the ancient names for God—HU. Popular in many cultures, the singing of HU is an undirected prayer to harmonize the consciousness and open the heart to God's love. It's simply for the spiritual upliftment of those who come and is not directed to any other purpose.

When you sing the name of God with love, the bindings and bands that constrain Soul will begin to unwind. Not all at once but very slowly, at a rate you can understand and accept. As these bindings are released, Soul rises in spiritual freedom.

— Sri Harold Klemp, *HU, the Most Beautiful Prayer*



## “HU—A Love Song to God”

Sing HU to:

- Expand your awareness
- Help you experience divine love
- Offer solace during times of grief
- Bring peace and calm

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Hosted by local members of Eckankar, 734.913-9822, a2.mi.eck@gmail.com, www.eckankar.org