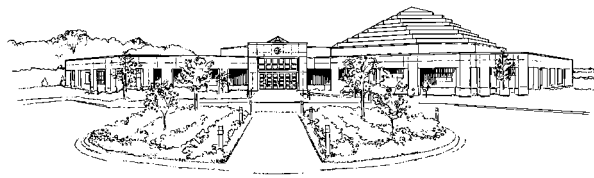


Michigan Satsang Society
A Chartered Affiliate of ECKANKAR
320 East Fourth Street
Royal Oak MI 48067-2706

www.eckankar.org
and www.eck-mi.org

2010 ECK Springtime Seminar
A Year of Creativity
April 2-4, 2010
Minneapolis, Minnesota



The Temple of ECK in Chanhassen, Minnesota.

This three-day international seminar offers spiritual growth through unique, dynamic workshops and other events designed to help you take your next spiritual step toward accepting the full love of God in this lifetime.

Come see Sri Harold Klemp speak on Saturday evening.

New to Eckankar? Receive complimentary registration Saturday if you're not a member of Eckankar. Enjoy spiritual exploration workshops and the evening program featuring a talk by Harold Klemp, spiritual leader of Eckankar.

A seminar brochure will be available at www.eckankar.org or 1-800 LOVE GOD.

Jan/Feb/Mar 2010
Volume 19, Issue 1

INNER JOURNEY



A Michigan ECKANKAR Quarterly Newsletter – Public Edition



Harold Klemp
The Spiritual Leader of
Eckankar
Religion of the Light and
Sound of God

Terms

ECK

The life force, the Holy Spirit.

ECKists

Followers of Eckankar.

Living ECK Master

The title of the spiritual leader of Eckankar.

HU

The singing of the word HU is considered a love song to God. It can be sung aloud or silently to oneself.

Inner Master

The inner form of the Living ECK Master.

Spiritual Exercises of ECK

Do one exercise every day for about twenty minutes to build spiritual stamina gently over time.

The Eckankar Worldwide Seminar by Brian Hughes

Brian lives in Bloomfield Hills and is a member of the ECK Clergy. The fact that everyone in his family is a long time Eck-ist—including wife, sons, dogs, cats and a fish—has been a true blessing.

ECKANKAR, Religion of the Light and Sound of God offers members and the public the opportunity to attend many events around the World. The highlight of the year for ECKists is the Worldwide Seminar held in October in Minneapolis, Minnesota. We also celebrate the ECK New year on October 22nd.

This event is special for many reasons since the Spiritual Leader of ECKANKAR, Sri Harold Klemp, the Mahanta, the Living ECK Master also attends and gives his talk on Saturday Evening.

The seminar is held at the Minneapolis Convention Center and the Hilton hotel,

both located downtown and connected by a covered walkway that protects us from unexpected surprises in the weather. Just outside Minneapolis is the town of Chanhassen where the ECK Temple is located. Thursday night before the weekend Seminar, a special get together is held at the temple, to celebrate the ECK New Year.

ECKists from all over the world attend the seminar and we get to see old friends,

One comes away from the Worldwide Seminar feeling spiritually refreshed and ready to take on life's challenges.

meet new friends, choose from a number of discussion classes, workshops and enjoy the spiritual upliftment we get by attending this wonderful event. One comes away from the Worldwide Seminar feeling spiritually refreshed and ready to take on life's challenges.

Our knowing that we always have the protection of the Mahanta (inner guide) and the ECK, and the guidance it brings in our lives, is renewed.

(Continued on page 2)

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My wife and I have been attending the seminars for many years and like most, we have experienced the challenges that always seem to come in the days before the Seminar. Last minute complications, difficulties or anything that could have happened a week ago, but for some reason decide to wait until just before we are about to leave, is a given.

In ECK we know the negative force, which we call the Kal, tries its best to prevent us from attending such spiritually charged events. Over the years there have been all kinds of challenges but looking back they have been great learning lessons. This year I said to my wife, "I wonder what lesson I will get this year."

The night before we were to leave for Minneapolis I was puzzled because nothing really challenging had happened. When I awoke Thursday morning some hours before going to the airport, my communication world lit up. I work for a Global automotive supplier

and we sell high volume parts to the auto industry around the world. My Blackberry and phone were working over time.

There had been a major lightening strike near our main facilities in Mexico and we were shut down with no recovery in sight. In the past I would have said,

"Give it to the ECK, let spirit help you, you know it will be OK," my inner voice kept saying.

"Oh no, I will have to deal with this and miss the seminar," but the hard lessons from the past had taught me not to get emotional.

"Give it to the ECK, let spirit help you, you know it will be OK," my inner voice kept saying. I contacted my team at the company to organize a response in my absence and asked them to call me if necessary.

I did get to Minneapolis and the Temple of ECK and I did hear Sri Harold speak. What I did not get, was

the phone call. My trust in the Mahanta as my inner guide had once again allowed me to overcome the Kal.

One of the greatest gifts we receive as ECKists is to allow ourselves to be guided by the Mahanta and the ECK (Holy Spirit). Of course the best way to do this is to tune into the ECK through a daily spiritual exercise. An example of a spiritual exercise is to sing HU (an ancient name for God) for twenty minutes. It allows us to receive guidance in our everyday lives and helps us on our spiritual journey back home to God.

If you ever face a challenge like this, sing HU and ask the ECK to help guide you in your decision making.

- Newsletters are available on-line at www.eck-mi.org or subscribe below.
- See your mailing label for remaining issues in your subscription.

INNER JOURNEY Subscription Form
(Please check all that apply.)

I am not a member of Eckankar and would like to:

- Receive 3 complimentary issues or
- continue my complimentary subscription for another 3 issues.

I am member of ECKANKAR and would like to receive the member's edition for a donation of \$10/year payable to Michigan Satsang Society.

Change of address. My new address is printed below.

Name: _____
Address: _____
City/State/Zip: _____

Mail to Newsletter Subscription, 22567 Woodward, Big Rapids MI 49307, or call (248) 546-9224 and provide the above information. You may cancel at any time.

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WESTERN MICHIGAN EVENTS

Cadillac

Worship Service, first Saturday of month, 10-11am.

Jan 2—*Divine Guidance in your Life*

Feb 6—*The Spiritual Benefits of Soul Travel*

Mar 6—*Surrender and Trust*

Services are at Berkana, 214 Harris St, Cadillac, (231) 796-5028.

Book Discussion, *Spiritual Laws of Life* by Harold Klemp, second Wednesday of month, 7pm, 640 Quail Lane; the book changes to *A Modern Prophet Answers your Key Questions about Life* by Harold Klemp, starting Feb. 10, (231) 796-5028.

Grand Rapids

Worship Service, second Sunday of month, 10-11am.

Jan 10—*Am I Worthy of God's Love?*

Feb 14—*The Power of Chanting*

Mar 14—*Making this Lifetime Count*

All events are at the Motel 6 Meeting Room, US 131 at 76th St, (616) 752-8460.

Kalamazoo

Eckankar on TV, inspiring talks by Harold Klemp.

Portage Cable Access, Channel 20:

Mon—6pm, Tues—4pm, Thurs—9:30pm

Lansing

HU Song, first Tuesday of month, 7:15pm, call Bob Thomasson, (517) 668-8532 for location.

- Visit www.eck-mi.org for events added after publication of this newsletter.
- All Michigan events are sponsored by the Michigan Satsang Society and open to the public with no donation requested.

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For more information about Eckankar, visit www.eckankar.org or call 1-800 LOVE GOD or write: Eckankar, PO Box 2000, Chanhassen, MN 55317-2000 USA

EASTERN MICHIGAN EVENTS

Ann Arbor

Worship Service, first Sunday of month, 10-11am, Gretchen's House (a child development center), 2340 Oak Valley Dr, Ann Arbor, (734) 913-9822.

Book Discussion, *The Living Word, Book 3* by Harold Klemp, third Sunday of month, 1:30pm, Ypsilanti Library, Room 8 (main floor), 5577 Whittaker Rd (South of I-94.)

Dexter

Book Discussion, *How to Survive Spiritually in our Times* by Harold Klemp, Jan 18 then the second Monday of month, 6:30-8pm, Dexter Public Library, 3255 Alpine St, (734) 913-9822 or e-mail a2.mi.eck@gmail.com.

Royal Oak

Worship Service, first Sunday of month, 12-1pm. Youth Room runs concurrently.

Jan 3—*Spirituality and Health*

Feb 7—*Putting Love into Action*

Mar 7—*The Gift of Spiritual Awareness*

Introductory Talks, third Saturday of month, 2-3pm.

Dec 19—*Animals are Soul Too*

Jan 16—*Are Dreams Real?*

Feb 20—*Spiritual Wisdom on Relationships*

Mar 20—*The Miraculous Power of Your Imagination*

Apr 17—*Is Life a Random Walk?*

May 15—*Creating Spiritually Grounded Relationships*

Eckankar Center Open Hours, Thursdays, 6:30-7pm (except Dec 24 and Dec 31.)

All events are at the Royal Oak ECKANKAR Center, 320 East Fourth Street, Royal Oak, (248) 546-9224.