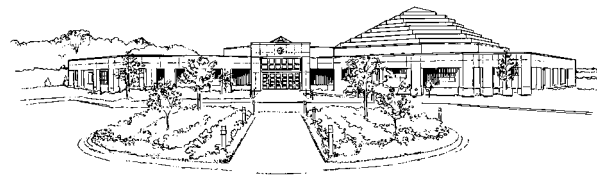


Michigan Satsang Society  
A Chartered Affiliate of ECKANKAR  
320 East Fourth Street  
Royal Oak MI 48067-2706

[www.eckankar.org](http://www.eckankar.org)  
and [www.eck-mi.org](http://www.eck-mi.org)

**2009 ECK Worldwide Seminar**  
**A Year of Creativity**  
**October 23–25, 2009**  
**Minneapolis, Minnesota**



The Temple of ECK in Chanhassen, Minnesota.

This three-day international seminar offers spiritual growth through unique, dynamic workshops and other events designed to help you take your next spiritual step toward accepting the full love of God in this lifetime.

Come see Sri Harold Klemp speak on Saturday evening, October 24.

**New to Eckankar?** Receive complimentary registration Saturday if you're not a member of Eckankar. Enjoy spiritual exploration workshops and the evening program featuring a talk by Harold Klemp, spiritual leader of Eckankar.

A seminar brochure is available at [www.eckankar.org](http://www.eckankar.org) or 1-800 LOVE GOD.

Oct/Nov/Dec 2009  
Volume 18, Issue 4

# INNER JOURNEY



A Michigan ECKANKAR Quarterly Newsletter – Public Edition



Harold Klemp  
The Spiritual Leader of  
Eckankar  
Religion of the Light and  
Sound of God

#### Terms

#### ECK

The life force, the Holy Spirit.

#### ECKists

Followers of Eckankar.

#### Living ECK Master

The title of the spiritual leader of Eckankar.

#### HU

The singing of the word HU is considered a love song to God. It can be sung aloud or silently to oneself.

#### Inner Master

The inner form of the Living ECK Master.

#### Spiritual Exercises of ECK

Do one exercise every day for about twenty minutes to build spiritual stamina gently over time.

## The ECK Worship Service: A Place to Go and Grow

by Brian Meek, Cadillac, Michigan



The ECK Worship Service is an important part of my life on so many levels. It

is a place where for a period of time I can meet with other people on this spiritual journey and share our experience.

The day of a worship service always seems a little more special. The air seems a bit crisper, the sun a bit brighter. Even when it is a cloudy day, there is something different about it. It is the wave of divine love preparing the way for Soul.

Whether the ECK Worship Service is held in someone's home, a meeting room, or at your local Eckankar Center, the venue matters not. The people that attend are what is important. Existing members of Eckankar or those from other faiths that are seeking a new path to God can share a common bond, the Holy Spirit, or the ECK.

The time before the service is wonderful. Everyone is excited to be there and there is a wave of divine love being shared as people greet each other and chat.

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*The day of a worship service always seems a little more special. The air seems a bit crisper, the sun a bit brighter.*

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Some are busy setting up for the service. I find that one of the things I enjoy is giving of myself to help in any way I can. Whether I hand out programs to people as they arrive, set up chairs, or offer to operate media devices during the service, in some way I try to share the gift of divine love to others.

As it gets time for the service to start, people naturally start drifting to find a place to sit. The chairs are arranged in a circle, so everyone is made to feel they can contribute. As in every Eckankar event, starting on time is important, so the facilitator (a member of the Eckankar Clergy) will almost always start on time.

The facilitator welcomes everyone and introduces the topic for the service. A

*(Continued on page 2)*

short reading from an Eckankar book follows.

Then begins the HU Song—the best way to open ourselves to receive and give divine love. HU is an ancient name for God and it is sung in appreciation for the divine love we receive from God.

The word HU is sung drawn out and repeated for approximately eight to ten minutes. This is followed by a minute or so of quiet contemplation. The facilitator gently guides everyone back to continue with the discussion portion of the service.

The discussion topic covers an area of spirituality as

*That's the beauty of the ECK Worship Service; it allows everyone to find some insight into their daily lives and take it with them.*

it pertains to our daily lives (see page 3 for ECK Worship Service titles.) That's the beauty of the ECK Worship Service; it allows everyone to find some insight into their daily lives and take it with them.

I often find that the discussion topic is relevant to something I am going through or have gone

through in the past. It is always relevant and timely.

The discussion is open for those willing to share their experiences relevant to the topic. This sharing is a great way to learn from others and may help me through a similar experience. Or something I contribute may help another person in the same manner.

After about forty-five minutes of discussion, the facilitator guides the discussion to a conclusion. This is sometimes followed by creative arts, which is usually listening to a song sung by a member of Eckankar, either recorded or performed live.

Announcements of upcoming events and the next worship service date and time are given. Finally a short HU song concludes the service and the facilitator thanks everyone for attending. The hour goes fast, but what a rewarding hour it is!

What I write about is only one person's experience

of what it is like to attend. It may be different for each person. But the common thread is the gift of divine love that runs throughout.

The Worship Service is a place where I can share my love for God with those around me. It is not a service where we listen to one person's view on life, which is fine for those that are seeking that for their spiritual life.

But rather, I get to share my experiences and insights with others and listen to others do the same. Everyone that attends gets to share in this gift of divine love. It is from this sharing of stories and experiences that we can grow. The ECK Worship Service, a place where you can go to grow.

- Newsletters are available on-line at [www.eck-mi.org](http://www.eck-mi.org) or subscribe below.
- See your mailing label for remaining issues in your subscription.

INNER JOURNEY Subscription Form  
(Please check all that apply.)

I am not a member of Eckankar and would like to:

- Receive 3 complimentary issues or
- continue my complimentary subscription for another 3 issues.

I am member of ECKANKAR and would like to receive the member's edition for a donation of \$10/year payable to Michigan Satsang Society.

Change of address. My new address is printed below.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

Mail to Newsletter Subscription, 22567 Woodward, Big Rapids MI 49307, or call (248) 546-9224 and provide the above information. You may cancel at any time.

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## WESTERN MICHIGAN EVENTS

### Cadillac

**Worship Service**, first Saturday of month, 10-11am.

Oct 3—*Love and Loneliness*

Nov 7—*The Spiritual Power of Gratitude*

Dec 5—*Building Trust in Divine Spirit*

Services are at Berkana, 214 Harris St, Cadillac, (231) 796-5028.

**Book Discussion**, *Spiritual Laws of Life* by Harold Klemp, second Wednesday of month, 7pm, 640 Quail Lane, contact Mary, (231) 796-5028.

### Grand Rapids

**Worship Service**, second Sunday of month, 10-11am.

Oct 11—*Creativity: God's Gift to Soul*

Nov 8—*A Life for God*

Dec 13—*Seeing God's Hand in Everything*

All events are at the Motel 6 Meeting Room, US 131 at 76th St, (616) 752-8460.

### Kalamazoo

**Eckankar on TV**, inspiring talks by Harold Klemp.

Portage Cable Access, Channel 20:

Mon—6pm, Tues—4pm, Thurs—9:30pm

### Lansing

**HU Song**, third Thursday of month, 7pm, Charlotte, contact Tawni (517) 420-3347 for location.

- Visit [www.eck-mi.org](http://www.eck-mi.org) for events added after publication of this newsletter.
- All Michigan events are sponsored by the Michigan Satsang Society and open to the public with no donation requested.

## EASTERN MICHIGAN EVENTS

### Ann Arbor

**Worship Service**, first Sunday of month, 10-11am, Gretchen's House (a child development center), 2340 Oak Valley Dr, Ann Arbor, (734) 913-9822.

**Book Discussion**, *The Living Word, Book 3* by Harold Klemp, third Sunday of month, 1:30pm, Ypsilanti Library, Room 8 (main floor), 5577 Whittaker Rd (South of I-94.)

### Dexter

**Introductory presentation**, *Spiritual Tools for Navigating Life's Challenges*, Wed, Oct 14, 7-8pm, Dexter Public Library, 3255 Alpine St, (734) 913-9822 or e-mail [a2.mi.eck@gmail.com](mailto:a2.mi.eck@gmail.com).

### Romulus

**Introductory presentation**, *DREAMS-Unlock the Messages*, Saturday, Sept 26, 1-4pm, Romulus Public Library, 11121 Wayne Rd, (248) 546-9224 or (866) 546-9224.

### Royal Oak

**Worship Service**, first Sunday of month, 12-1pm. Youth Room runs concurrently.

Oct 4—*A Year of Creativity*

Nov 1—*The Divine Imagination*

Dec 6—*Creativity-God's Special Gift to Soul*

**Introductory presentation**, *DREAMS-Unlock the Messages*, Saturday, Sept 19, 2-3pm.

**Book Discussion**, fourth Sunday of month, 3-4pm, *Youth Ask a Modern Prophet about Life, Love and God* by Harold Klemp.

**Eckankar Center Open Hours**, Thursdays, 6:30-7pm.

All events are at the Royal Oak ECKANKAR Center, 320 East Fourth Street, Royal Oak, (248) 546-9224.

### Ohio

**Regional Seminar**, Sept 19-20, *Dreams & Soul Travel: Keys to Healing, Joy and Inner Peace*, with guest speaker Mike DeLuca, University Plaza Hotel, Columbus Ohio, includes a Youth Program. More at [www.eck-ohio.org](http://www.eck-ohio.org).